

THE MYTH

DEMETER & PERSEPHONE

PERSONAL DEVELOPMENT PROGRAMME FOR WOMEN LEADERS

WITH BELINDA DAVISON & LESLEY QUILTY

3-5 MAY 2017



We are living in a pivotal time, a time when women need to step fully into leadership roles without having to compromise and use so much masculine energy to 'get things done'. What would that look like, feel like, sound like? In our rapidly unfolding future, how can women fully embody the feminine aspect of themselves to create a balance with the strong masculine that they have had to inhabit and in many cases overplay?

Women are being called on to search deeply within themselves to find their unique power and authentic voice, knowing what we stand for and against and having the courage and skills to articulate this clearly, in order to become role models that will help build a sustainable future for our troubled planet.

During this 2.5 day experiential programme we will be living through the powerful myth of Demeter & Persephone. We will be exploring the Integration of the three archetypal stages and roles in a woman's life and work: Maiden, Mother, Wise Woman. We will investigate how we can move towards reunion and integration, both internally and externally, as we journey through these different stages.

This is a deeply personal journey that we invite women to travel on together in a contained, safe environment, in order to emerge as Persephone does in the story, regenerated, reborn and more fully herself.

Participants will work in a mixture of plenary, small groups and pairs, and will engage in reflection, experiential exercises, creative expression and rehearsals.

THEMES COVERED INCLUDE:

- Liberating ourselves and others in a culture of inequality and domination
- Appropriate emotion and effective action
- Reclaiming what's lost and relinquishing that which no longer serves

PARTICIPANTS WILL GAIN:

- A rejuvenated connection with yourself, other women, and nature
- Determination and confidence to own and stand more fully in your power
- New awareness, deep insight, and the sweetness of support to realise your dreams for your life and work as a woman

"Someone I loved once gave me a box full of darkness. It took me years to understand that this too, was a gift."

- Mary Oliver

*"The wild woman carries the bundles for healing; she carries everything a woman needs to be and to know
As in all art, she resides in the guts, not in the head
She whispers from night dreams, she leaves behind on the terrain of a woman's soul a coarse hair and muddy footprints
She is the voice which says, 'This way, this way.'
She is from the future and from the beginning of time."*

Clarissa Pinkola Estes Ph.D.

ABOUT OLIVIER MYTHODRAMA

Our mission is to develop authentic leaders capable of managing the unprecedented challenges of 21st century leadership.

These leaders will need to be inspiring, transformational, influential, sustainable and ethical, capable of playing different roles to meet different times, and managing increasingly complex situations with apparent ease. Very few people are naturally gifted with this range of necessary talents but they can all be learned, with good will, appropriate care and exceptional leadership development.

Olivier Mythodrama is committed to helping you develop the leaders of tomorrow, today.

We are a unique leadership development consultancy that uses tools and techniques drawn from psychology, philosophy, drama and organisational theory, many of these delivered through case studies of great Shakespeare plays.

TO BOOK YOUR PLACE

To book your place please email: info@oma.uk.com

For any queries or assistance please contact Sonia Mills on +44 (0)20 7386 7972

www.oliviermythodrama.com

Participant numbers on this programme are restricted.

VENUE

Ashley Wood
Fonthill Gifford
Tisbury
SP3 6PY



BELINDA DAVISON

Belinda trained as an actor at LAMDA and worked for many years in theatre and film spending four years as a leading actress at Shakespeare's Globe Theatre. She joined Olivier Mythodrama in 2003 bringing Myth/Shakespeare to the world of Leadership and is an experienced program leader delivering courses to a wide variety of global businesses where her areas of expertise are communication and presence.

She is a fully trained PBSP therapist and also works as a facilitator and coach. Having studied for 20 years in many fields of personal and spiritual development, she has a keen interest in her own and others personal transformation. Belinda has recently moved with her family to a large centre in the Wiltshire countryside where she is currently expanding her work.



LESLEY QUILTY

Lesley is a creative consultant, group facilitator, and executive coach. Her work is informed by 30 years' experience of personal, spiritual and organisational development, both as participant and facilitator. Having trained in Mythodrama methodology in association with Olivier Mythodrama for many years, since 2006 Lesley has worked as a programme leader and coach, delivering Mythodrama programmes to leadership teams across the globe.

She is also a professional theatre artist and has worked extensively as performer, director, teacher and producer in North America and the UK. She is employed as a Clown Doctor in children's hospitals and hospices throughout Scotland, supporting and empowering sick kids and their families. She also creates and performs as Racy the "Clown Consultant" at environmental, educational, and corporate conferences and events.

She is a long-term practitioner of Buddhist meditation and Shamanic ritual and has been a Findhorn Foundation Community member since 1986.